



NEWS AND MENU

A quirky little seafood café and bar right on Forelands Beach, Bembridge, Isle of Wight

Example Lunch Menu Served 12 – 3pm

This year we are offering a reduced menu. Our menu changes based on stock and weather. This menu is an example of some of the things you may see when you visit us. Please note prices can fluctuate too based on supplier costs and availability of stock. Do remember crab and lobster are fished for so we are at the mercy of the weather and fishermen.

Allergies...please let us know if there are any food allergies we should be aware of WHEN you order. Our kitchen has a list of allergens in our food.

Gluten Free - please let us know if you prefer gluten free bread instead of regular bread WHEN you order.

Sandwiches all £8.00
(served with a handful of crisps)

Smoked salmon & lemon creme fraiche on sourdough

Tiger prawn mayo ciabatta

Chicken, bacon, tomato, leaves and mayo on sourdough

Hummus, falafel tomato, leaves in ciabatta

Ham, cheese, tomato on ciabatta

Little Beach Hutters

We offer a little goodie bag with a sandwich on brown (either ham or cheese), Pom Bears crisps, cucumber and cherry tomatoes, apple juice, a little bag of Haribo sweets, little colouring book and individual pack of pencils £5.00

Specials

From the Sea

Tiger prawn and Scottish smoked salmon salad
with a couple of pieces of crusty bread £16.00

Giant crevettes cooked in white wine
and IW Garlic Farm smoked garlic butter and lemon served with salad garnish and crust bread £14.00

French lobster bisque
with added fresh crab served with garlic bread with IW garlic farm smoked garlic butter £10.00

Garlic Prawn Platter to share for two
A platter of giant crevettes and shell on prawns cooked in white wine, lemon and garlic butter served with a side salad and crusty bread £30.00

Pint of Prawns
with garlic mayo, seafood sauce & crusty bread
£10.00

Beach Hut Seafood Platter for two to share
Half locally caught lobster, a pot of fresh crab, Scottish smoked salmon, giant shell on crevettes, smoked trout, shell on prawns, lemon creme fraiche, Hollandaise and crusty bread £70.00

From the garden

Vegi platter to share for two
Mediterranean style feta pan fried with oregano, sundried tomatoes, olives and fresh tomatoes cooked in garlic butter and lemon juice, feta and spinach filo parcels, hummus with falafel crumbs, olives and tomatoes, salad garnish and crust bread
£24.00



Forelands Beach, Forelands Field Road, Bembridge, Isle of Wight, PO35 5TR

www.thebeachhutbembridge.co.uk

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